

# CCCTS Fraser Valley Chapter Newsletter

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July 2021 | Newsletter

## 11<sup>th</sup> Annual CENTURY RIDE

Sunday August 15<sup>th</sup>, 2021  
7:00am START



**Departing from:** Blair Rec Center  
**Address:** 22200 Fraser Hwy, Murrayville (Langley)

The **Century Ride** has three loops totalling 100 miles (162.5 kms)

**Loop 1** - 53.5 kms, departing from Blair Rec Center at 7am  
Route: Fort Langley towards River Road and return

**Loop 2** - 72 kms, departing from Blair Rec Center at 10am  
Route: Heading south to Zero Avenue and north to Fort Langley  
- with a stop for lunch, and return

**Loop 3** - 37 kms, departing from Blair Rec Center around 2:30-3:00pm  
Route: Cycling on the flats to Aldergrove and return

- You can choose one, two or all three loops - whatever you prefer!
  - Remember to carry lots of water & snacks
  - Route maps available on the CCCTS RWGPS Library
- It's exhausting but fun, and guaranteed bragging rights for all finishers

**ALL CCCTS Members are invited! Hope to see you there!**

For more information about the Century Ride  
contact David Liggat (778 952-3245) or Ralph White (604 538-6781)



## Week of Rides

A very successful Week of Rides. Kudos to David and Ralph for putting it together and also to the ride leaders and sub leaders who got us to our destinations and back again. We averaged 25 riders each day, 46 members did at least 1 ride and, 10 members did all 5 rides!



**Welcome FV Chapter Members**

Lorraine Elliott and Rod Parker