

CCCTS Fraser Valley Chapter Newsletter

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February 2021 | Newsletter

CCCTS Fraser Valley Chapter Member SURVEY Results

In early January, the CCCTS Fraser Valley Chapter Steering Committee sent a survey to members. We wanted to hear from you on a number of topics such as speed, distance, the bikes you own, Ride with GPS (RWGPS) and more. We felt that this information would be helpful to guide future chapter rides.

And, what a fantastic response we received!
...out of 130 FV members, we heard from 74.



Thank you for taking time to complete the survey. Here is what you told us:



Congratulations to Joe Cavasin
on winning a MEC gift card in
the Survey draw 😊



Speed matters. One pace doesn't suit everyone, but the majority of members are comfortable riding at a speed of 20 to 24 km/h on the flats. 20 km/h feels much different than 24 km/h so, how does the chapter accommodate varying abilities and preferences?

What will change?

When Wednesday rides resume, sub-groups of six riders will continue ... no need to register ahead. Those wishing to ride at a quicker pace will be in groups that leave first, with the last group riding at a more casual pace. This pace will depend on the riders in the group with the expectation that all riders are able to maintain an average speed of 20 km/h on the flats for the duration of the ride.

Distance matters, but not as much as speed. Most (just over half) of the respondents prefer a distance of 65 to 80 km, while many riders prefer 50 to 65 km and others like a distance greater than 80 km. Members indicated that they will ride a longer distance provided the pace is comfortable for them.

What will change?

When Wednesday rides resume, shorter rides will be offered and thereafter, the distance of the routes will continue to vary.

Bikes and more bikes! 74 respondents own at least 144 bikes! While the majority own road bikes, many own more than one bike including hybrid, electric, mountain and gravel bikes which are all suitable for trail rides.

What will change?

In addition to Wednesday rides, we'll begin to offer trail rides on other days of the week. Be sure to let Ride Coordinators Ralph White and/or David Liggat know if you would like to lead an off-road ride.

E-Bikes. 15 members own E-bikes and 8 members anticipate purchasing one in the future. If you ride an e-bike, you know riding a hilly route is a joy but repairing a rear wheel flat can be a challenge 😊.

What will change?

We'll update the chapter safety guidelines to make sure they are relevant to e-bike users. We'll also provide some information so that all riders are equipped to do their own road-side repairs.

Where do members live? 40% of the survey respondents live in the South Surrey/White Rock area. Which means, most of our riders don't.

What won't change?

We'll continue to offer routes with a variety of starting points.

Bike Computers. Many of you use RWGPS on your phone or bike computer. More than 50% of our riders download the route to their phone or bike computer.

*What we **hope** will change?*

Riders who are comfortable with the technology will offer to lead sub-groups on our weekly rides.

* Refer to page 3 of this Newsletter for links to RWGPS Webinars.

What did your comments tell us?

- ❖ The CCCTS RWGPS library is a great resource! While you might not ride with the group on Wednesday because of weekday traffic, group size or the pace, you may ride with friends you've met through the chapter using the Fraser Valley routes found on the CCCTS RWGPS Library.
- ❖ Riding in smaller groups feels comfortable and safe. Wednesday cyclists really enjoy riding in groups of six as do the Ride Leaders.
- ❖ New members sometime find it difficult to meet chapter members. All members and Ride Leaders can make a difference! If you notice a new member or someone you haven't met before, reach out and welcome them. If they are unsure which group to ride with, provide them with guidance and introduce them to the Ride Leader(s). If you are a new member or haven't been on a ride for while, please come early to the weekly ride and introduce yourself to the Ride Leader who will explain our new ride protocols and answer any questions you might have.
- ❖ A coffee stop with great baking and a lunch break that has picnic options (and washrooms) are important aspects of the rides.
- ❖ You also gave the Steering Committee lots of kudos and thanks for the work we do. Thank-you! It's rewarding and we encourage others to get involved. Reach out to Neil McNeill, FV Chapter President, if you would like to know more about the Steering Committee or how you can become involved in chapter activities.

The full Survey Report

The complete power point presentation on the Survey Results is available on the CCCTS website.

- Log-in to CCCTS Website (CCCTS.org)
- Click on "Local Chapters" then "Fraser Valley", then "News".

If you have any comments/questions, please email us at: ccctsfraervalley@gmail.com



Ride with GPS (RWGPS)

Over the past several years, an increasing number of FV Chapter members have been using RWGPS. This trend was confirmed in the member survey with 41/74 respondents indicating they use RWGPS and another 12 members plan to purchase a bike computer with RWGPS capability.

Active chapter members are also aware that the most ride emails now provide a link to a RWGPS file and members without the RWGPS app on a bike computer or cell phone often download maps and cue sheets from the website.

The survey also noted that members use the CCCTS RWGPS Library. The FV Chapter will be undertaking a project this spring to update and improve FV ride listings in the Library.

For members not familiar with RWGPS, you can log into the **CCCTS RWGPS Library**.

- Log-in to the CCCTS Website (CCCTS.org)
- Click on either “Tours” or “Hub and Spokes”
- Click on “Ride with GPS Library”
- Click on “Sign into Club”



Ride with GPS Webinars

Those who are already using RWGPS and/or those who are planning to, may be interested in the following 1 hour webinars conducted by “Ride with GPS” and are available on YouTube.

Club Admin and Manager - This webinar primarily targets individuals who manage the FV Chapter RWGPS account (e.g., posting routes) but, it may also be of interest to other chapter members as well.

Follow this link: [Club Admin and Manager Webinar](#)

Club Member Benefits and How to Use Them – A great resource for riders currently using or planning to use RWGPS.

Follow this link: [Club Member Benefit Webinar](#)

Club Member Route Planning - A great resource for riders currently using or planning to use RWGPS.

Follow this link: [Club Member Route Planning Webinar](#)



**Welcome
New FV Chapter Members**

Margrit Elmiger-Isert
Howard Quinn