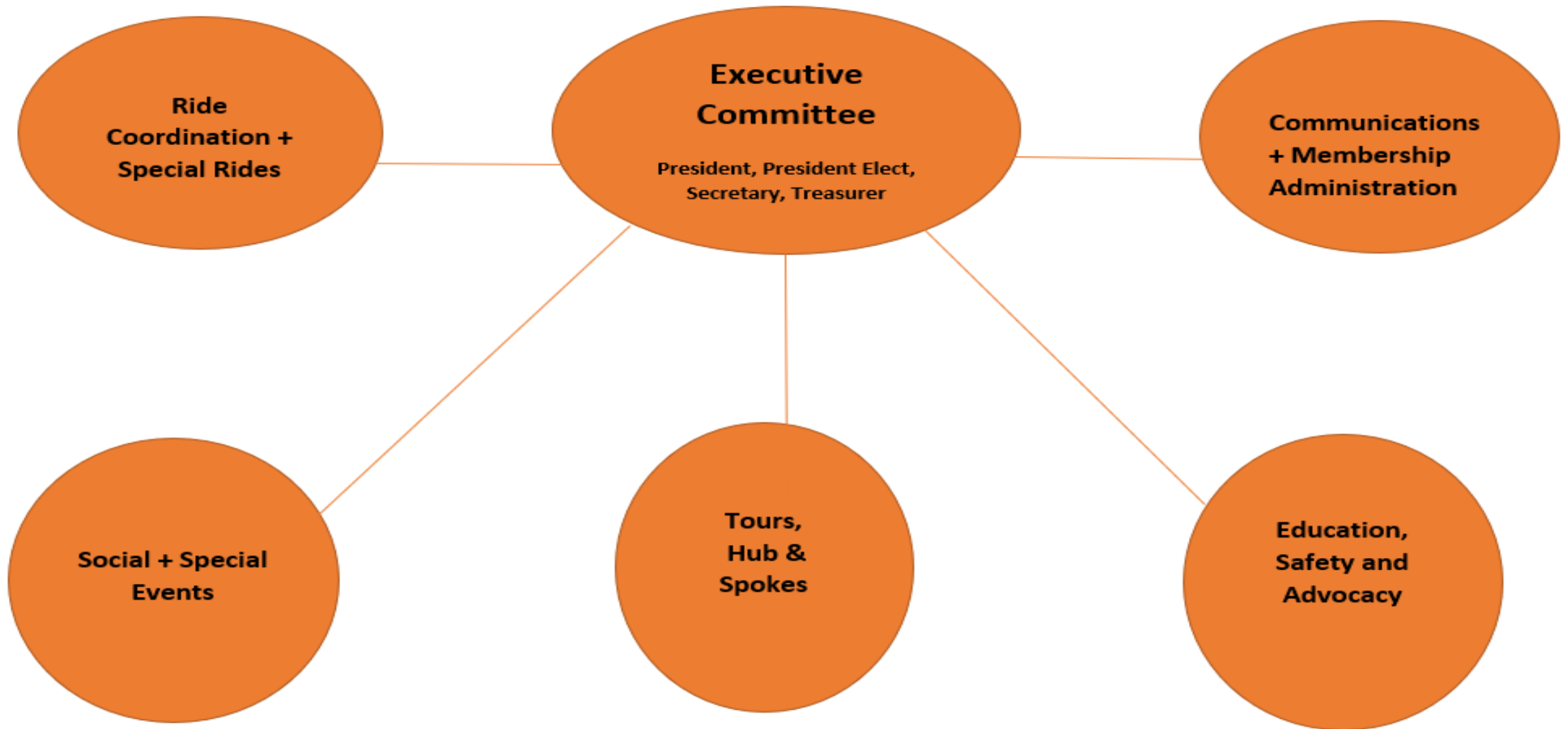




CCCTS Fraser Valley Chapter AGM

October 28, 2019

Steering Committee



Planning

WEEKLY RIDES

- FAST DAY RIDES WEDNESDAY
- "The Queen" 20-40km 22 KPH
- 22 KPH average
- rain out rides
- PACE RIDES?
- SEASONAL EXTRAS
- Small rides
- Fast pace ride
- TRAINING & MENTORING
- Special Interest Rides
- Navigator theme rides
- WHO
- RIDE LEADERS
- Leaders development
- Web connection
- RIDE COORDINATION NEIL MAMI
- NEW ROUTES

EDUCATION, SAFETY & ADVOCACY

- SAFETY
- Safety seminar w/ RCMP
- MAINT Fundamentals
- EDUCATION
- EDUCATE RIDE LEADERS & SWEEPS
- Engage OSO speak with Sunny
- ADVOCACY
- SUMMIT JUNE
- CONTACT IN DELTA
- CONTACT IN SURREY
- CONTACT IN TOWNSHIP WINDYBAY

SOCIAL, SPECIAL EVENTS

- SOCIAL
- Rides
- Food truck
- SPECIAL EVENTS
- BR
- Century Ride
- NEW YEARS DAY RIDE
- ASSEMBLE bikes w/ween
- TRIPS TO SEATTLE
- SHORT HAUL TOURS
- SEE HELENA NOTES
- Emerald Lake
- Redwood Park
- Emma Lake

Accomplishments



Communications

➤ What did we do?

- Communicated information, news and announcements from SC to Fraser Valley members
- Increased readability of information through the development of Newsletters & Bulletins
- Increased accessibility of information to FV members through posting information on the CCCTS Website

- FV Steering Committee Meeting Minutes (posted after each monthly meeting)

- Newsletters (5 Newsletters between January – September)

- One-Page Bulletin (2 Bulletins and AGM Notice)

- Ride Leader Information

- What's Next?



SC Meeting Minutes



Fraser Valley Chapter Steering Committee Meetings
Monthly meeting minutes posted on the CCCTS Website (FV Chapter News)

Newsletters



Newsletters

Posted on the CCCTS Website (FV Chapter News)

Bulletins

CCCTS Fraser Valley Chapter
May 2019 News Bulletin

SAVE THE DATE

Bicycle Maintenance Workshop

Monday June 3, 2019
10:00 – 12:00 noon
Bakerview Park, 1845 154 Street, Surrey (grass area near parking lot)
*Washrooms are available

Hello fellow cyclists
We're offering a **FREE Bicycle Maintenance workshop to all members.**
Come out and have some hands-on fun with your bikes!

A huge **Thank You** to volunteers Andrew McIndoe, Ralph White and Gary Loosemore for putting this workshop together for us. We encourage folks to bring their bikes or at least the front wheel and gain some hands-on practice changing your tire. If you prefer to stay on the sidelines, bring a chair and join the party.

What you will learn


- > How to fix a flat, including a demo of back wheel replacement
- > How to use a CO2 cartridge to fill a tire
- > How to check your brakes for wear
- > How to lube your chain
- > How and when to check your chain for wear
- > ABC quick check pre-ride routine
- > What to carry on a ride (spare tube, pump or CO2, tire levers)
- > Tips on having a trouble free ride
- And, other surprises

What to bring

- > Coffee, of course!
- > Your bike or just the front tire
- > Spare tube, tire levers, one CO2 cartridge with regulator (valve)
- > Bike stand, if you have one
- > Note paper and pen, camera and chair!

Event Go/No Go? If the skies open up, this outdoor event will be rescheduled

More questions? Contact
Andrew McIndoe 604.314-0571 Ralph White 604.785-5781 Gary Loosemore 604.764-8034




CCCTS Fraser Valley Chapter Bulletin
August 2019 News Bulletin

You're invited to the CCCTS Fraser Valley Chapter Summer Pot Luck BBQ
Friday August 23rd @ 3:00 pm ... until whenever!
Locations: 13451 27 Ave, South Surrey
Directions >> [Hodgson House](#) (lots of room for parking in the driveway and cul-de-sac)
Your hosts: Chris and Margaret Hodgson
Phone: 604 541 2382

What to Bring: whatever food you like, serving spoons, beverages and garden chairs. The hosts will provide BBQ chicken for all, paper plates, glasses and utensils. The BBQ's will be in full operation so meat or fish would be appropriate additions.


Volunteer Duties: We'll need help before and after the BBQ. Let us know if you can help!

RSVP to CCCTSFraserValley@gmail.com



2019 CENTURY RIDE

Sunday, August 25th, 2019 7:00am START



Departing from: The parking lot of the W. C. Blair Rec. Centre, 22200 Fraser Highway in Murrayville.
Directions >> [Blair Road](#)

The old parking lot is now a construction site but there's lots of free parking in an adjoining lot.

The **Century Ride** has three loops totalling 100 miles (162.5 kms)

Loop 1 (53.5 kms) departing 7am, (Fort Langley and to the end of River Road and back)
Loop 2 (72 kms) departing 10am, (Zeno Avenue and back north to Fort Langley - and a stop for lunch at a favorite deli)
Loop 3 (74 kms), departing around 2:30-3:00pm, (on the flats to Aldergrove and back)

- > You can choose one, two or all three loops - whatever you prefer! There will be a short break between loops.
- > Remember to carry lots of water & snacks.
- > Route maps and GPS maps will be posted on the FV CCCTS website
- > It's exhausting but fun, and bestows guaranteed bragging rights on all finishers.
- > It's exhausting but fun, and bestows guaranteed bragging rights on all finishers.

Please note: This is a challenging ride and average speeds will exceed the 22 kph of our weekly rides with the first loop being at 25+ kph, then setting back a bit. Those planning to do all three loops should train with several 100+ km rides over the next few weeks.

All CCCTS Members are invited! Hope to see you there!
For more information contact Chris Hodgson (604) 541-2382 chodgson@bcpsu.net

CCCTS Fraser Valley Chapter August 2019 News Bulletin

CCCTS Fraser Valley Chapter Bulletin
October 2019 | News Bulletin

SAVE THE DATE

Fraser Valley Chapter Annual General Meeting

Monday October 28th, 2019
Coffee: 9:45 am
Meeting: 10:00 am – 12:00 pm


Location: South Surrey Rec Center
Multi-Purpose Room 1
14601 20th Ave., Surrey >> [MAP](#)

Guest Speaker: Andrew Brink, will talk about his recent Tour D'Afrique.

Light Refreshments will be available
The AGM is open to all CCCTS members.

*Voting members are only those who have selected Fraser Valley as their home Chapter.

* To determine your home chapter, log in to: CCCTS > Home>My Page> Membership> Edit your Profile> Look under Home Chapter (click the drop-down and see your home chapter or, click Fraser Valley as your home chapter)



2019 FV Chapter Steering Committee

Leslie Beleski, Chris Hodgson,
Andrew McIndoe,
Bruce McLean*, Neil McNeill*,
Helena Munro, Mieke Quinn,
Larry Weldon, Ralph White,
Janet Whitehead*,
Clark Woodland*

*Chapter Executive Member

Bulletins & Notices
Posted on the CCCTS Website (FV Chapter News)

Ride Leader Information

CCCTS
Fraser Valley Chapter
Ride Leader Bulletin
July 2019 News Bulletin

Information for Ride Leaders
NEW Changes for Communicating Ride Information

Completing the Ride Schedule

Current Process
Leaders go to the Ride Schedule on Google Drive and input ride information for rides they propose to lead.
The FV Chapter Ride Coordinator (RC) transfers this information to the FV section of the CCCTS website.

*** NEW Process**
Leaders no longer post ride information on Google Drive. Instead, they email the following information to the RC at postmaster_fraser@cccts.org. The RC will post ride information on the CCCTS website.

- > **Ride Name**
- > **Leader** - Name, email address and cell phone number
- > **Starting Point and Start time**
- > **Nexus or Passport** - Yes or No
- > **Distance**
- > **Coffee Stop Location**
- > **Lunch Stop** - Location and distance travelled
- > **Ride Directions/Map** - Include 'Ride with GPS' link or attach a pdf file with info.

If Leaders want to book a date to lead a ride but haven't finalized all of the ride details, they should send the information they have to the RC with the remaining ride details provided at least a week prior to the ride.

*** Implement this change immediately.** Leaders are asked to send ride information for any new rides they propose to lead directly to the RC rather than entering it on Google Drive.

Post around the corner ...
Send rides to the Ride Coordinator at
postmaster_fraser@cccts.org

Post around the Ride
... sends an email to the RC with ride information.
... which may require contacting the ride leader for more information. The email to members will be discontinued.
... the ride is now available on the CCCTS website, members information. The email to members will be discontinued.
Beginning of September. Emails between now and then will change.

When a Ride is Cancelled
... they contact the RC by email who sends out a "ride cancelled" notice on the CCCTS website.
... who posts the "ride cancelled" notice on the CCCTS website.
... to obtain updated ride information. The current "ride" in September.
Runs comments/suggestions, please reply to this email.

CCCTS Fraser Valley Chapter Ride Leader News Bulletin - July 2019



Communications: What's Next?

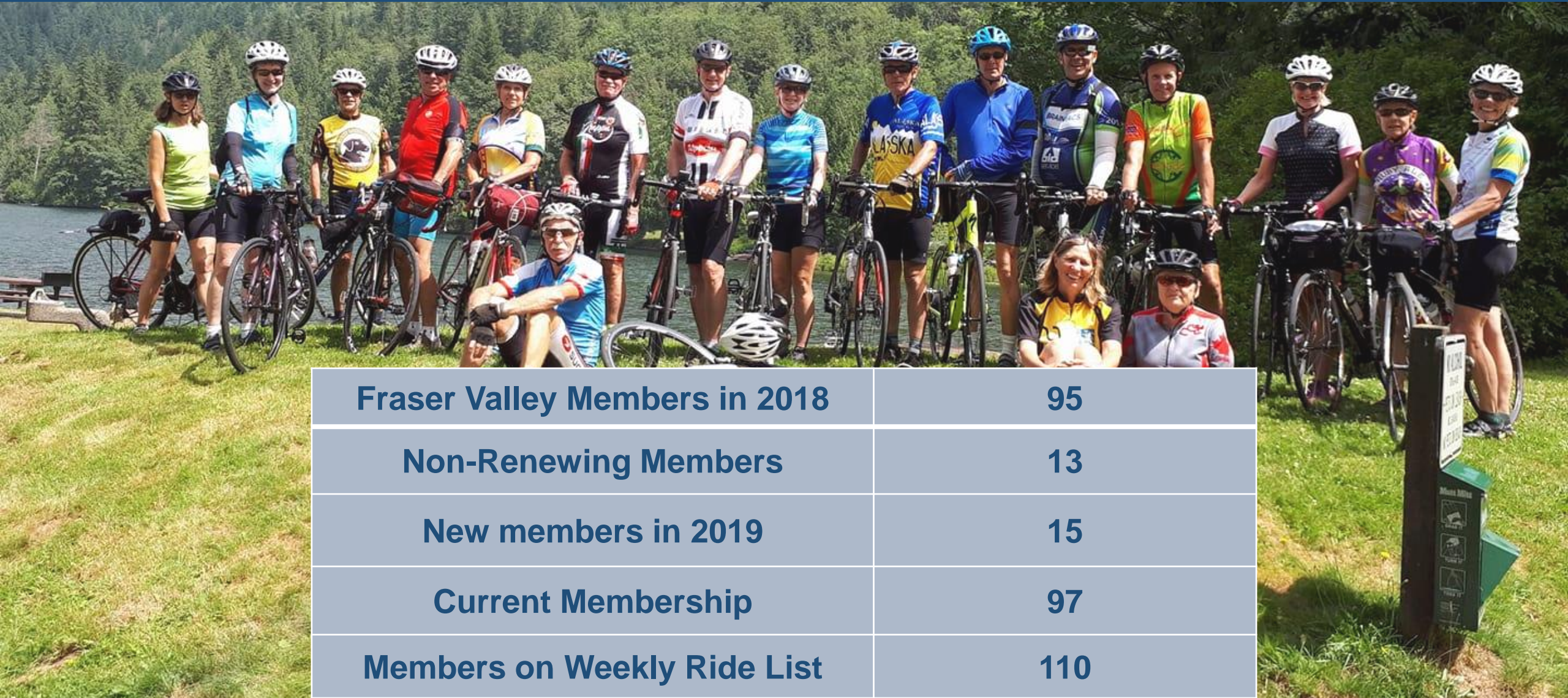
- Review FV Chapter Newsletters and Bulletins
- Fraser Valley Chapter Member Survey
- Modify information on the CCCTS Website



Membership



Fraser Valley Chapter Membership



Fraser Valley Members in 2018	95
Non-Renewing Members	13
New members in 2019	15
Current Membership	97
Members on Weekly Ride List	110

Fraser Valley Finances Nov 1/18 – Oct 31/19

Income	
Legacy Fund	155.38
Operating Grant	400.00
Total Income	\$555.38
Expenses	
AGM	80.99
Honourarium	100.00
Refreshments	55.38
Steering Committee Meetings	185.00
Workshop Supplies	6.72
Expenses to be Paid	
AGM	15.06
Steering Committee Meeting	20.00
Total Expenses	\$463.15
Net Income	\$92.23



Ride Coordination



Weekly Rides



Weekly Rides



Weekly Rides



Special Interest Rides



Special Interest Rides



Special Interest Rides



Century Ride



Congratulations

**9 riders completed 100 miles
(and a few extra 😊)**

Carol & Glen Evans, Andrew & Jennie
McIndoe, Neil McNeill, Leslie Beleski,
Sue Bunton, Rob Der and Ed Dillon

Tours



FV Hub & Spoke – July 2020



International Tours



Social



Safety, Education & Advocacy

Delta police bike unit officers are shown in front of the Tsawwassen First Nation offices.

New DPD bike unit has an immediate impact

IAN JACQUES

ijacques@delta-optimist.com

A new bike unit has already paid dividends for the Delta police.

The first day the bike unit was in operation, officers arrested a

lend themselves to policing on bike.

“It just makes us that much more accessible,” said Sgt. Roy Garnham, who heads up the unit.

“Rather than being in cars, behind windows, we’re finding already that people

ic tactics as well as training on how to do power slides, travel safely down stairs and more.

They wear their regular duty belts, as well as a police uniform modified for use on bikes, consisting of shorts and short sleeved

Safety, Education & Advocacy



BE ALERT. BE SAFE.

Safety, Education & Advocacy



Safety, Education & Advocacy



CCCTS Jersey



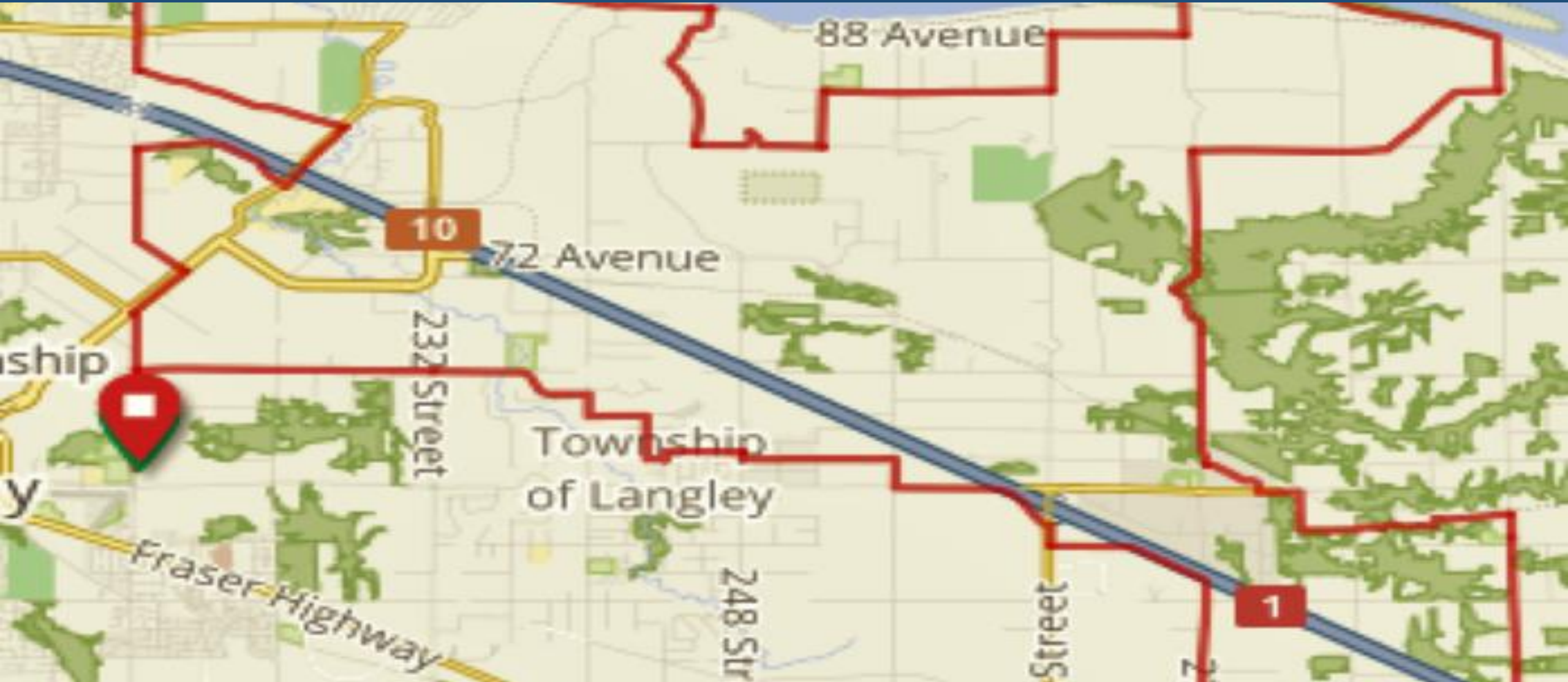
Next Steps



Next Steps



Next Steps



Volunteer Opportunities



Volunteer Opportunities



Special Thanks



Thanks for attending

MOTION TO ADOPT THIS REPORT AS PRESENTED



Guest Speaker

