

Bates Island to Perkins 70.6k

- 0 Start at Bate Island. Go north towards Quebec.
- 1.0 R & R & L on the bike path, immediately before the lights. This puts you on the bike path along the Ottawa River and headed for downtown. We stay on the bike path as close to the River as we can until 14.8k.
- 5.3 R on the bike path beside Taché. DO NOT CROSS Taché.
- 10.6 R on bike path
- 11.3 Cross Lady Aberdeen Bridge.
- 11.6 R on bike path beside Jacques Cartier.
- 14.8 Cross St. Louis and continue on bike path.
- 15.8 Bike path joins Montée Paiement. Continue north beside Montée Paiement.
- 20.3 R on Chemin St. Thomas.
- 22.2 L on Chemin Fogarty.
- 31.4 L on Route du Carrefour (Hwy 366) @T-Junction
- 33.4 Pick up lunch at Tim's or Subway?
- 34.1 L on Chemin de l'Ecole (Chemin St. Joseph)
- 34.4 L on Montée Paiement @T-Junction
- 34.5 Picnic in park. After lunch, continue on Montée Paiement.
- 47.2 R on Chemin de Bellechasse.
- 49.2 L on Montée St. Amour.
- 50.8 R on Chemin des Terres @T-Junction
- 52.0 L on Avenue Gatineau @T-Junction
- 54.4 L on Touraine
- 54.7 R on Auvergne @T-Junction
- 54.9 L on Flandres
- 55.9 R on Piedmont
- 56.4 L on Pigalle @T-Junction
- 56.6 R on Loiret @T-Junction
- 56.7 L on St. Louis @T-Junction
- 57.2 Take the bike path. Follow the river to Lady Aberdeen bridge.
- 59.0 Cross Lady Aberdeen Bridge. Return on the same route as we came.
- 70.6 Bate Island.